

### **ABSTRACT OF THE DISCLOSURE**

A first and second substantially crescent shaped rigid support are provided with substantially crescent shaped pads mounted thereon. A strap is mounted at each end of the supports for holding the supports together at a preselected distance. The supports may be used on a flat surface such as a floor or may be mounted on an independently positioned pair of rails for mounting between a mattress and a box spring by means of posts which are removably received in an opening in the crescent shaped supports and adjustably locked in an opening in each rail. The head support may be utilized on a flat surface such as a floor or beach, or as an extension for a bed for use in the giving of massages. The head support of the present invention may be used on a penetrable surface such as a sandy beach with use of the posts.